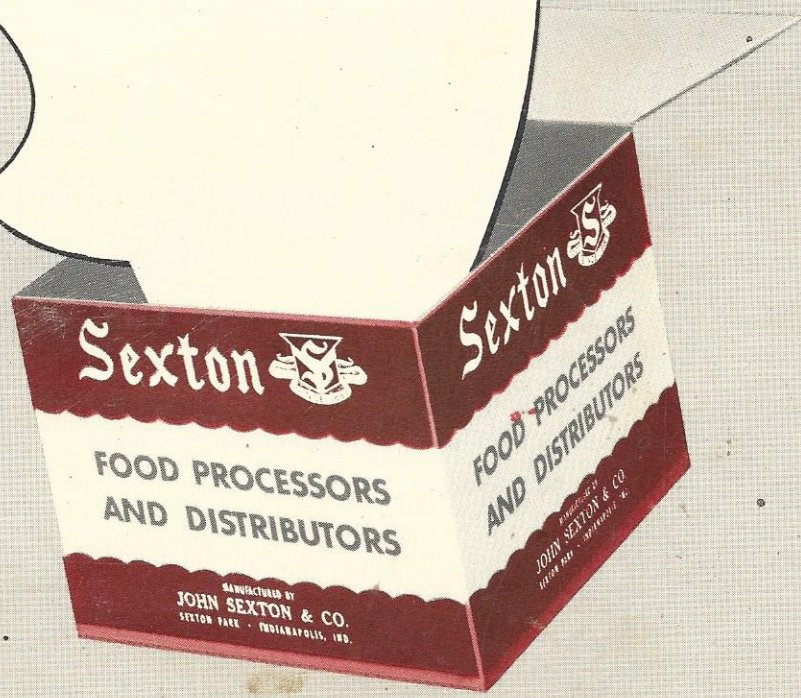


# RECIPES AND MENUS



for  
Schools  
and  
Camps

WITH CULINARY DATA . . .





BAKED PORCUPINE BALLS  
 BUTTERED POTATOES  
 GREEN PEAS AND CORN  
 HOMEMADE ROLL BUTTER  
 MILK

## Baked Porcupine Balls

SERVINGS: 64—2¼ ounce ball      UTENSILS: 1—15 x 20 inch pan

	Weight	Measure
Bread Slices .....		8
Hamburger .....	8 lbs.	1 gal.
Dried onions, reconstituted .....	4 ozs.	1 cup
Rice .....	3 lbs., 4 ozs.	1 qt.
Cream of Tomato Soup, condensed .....	6 lbs., 9 ozs.	1—No. 10 can
Water .....		1—No. 10 can

Soak bread in water. Mix bread with next 3 ingredients. Use a No. 20 dipper to shape meat balls. Place in baking pan. Combine remaining ingredients and mix well. Pour soup over meat balls. Cover pan. Bake in a moderately slow oven 325°F.; 1½ hours or until done.

HENRIETTA MARTIN, Cafeteria Manager  
Lowellville High School, Lowellville, Ohio

JIFFY PIZZA  
 BUTTERED SPINACH  
 HEAD LETTUCE SALAD BUTTER  
 HARD ROLL  
 DRIED FRUIT COMPOTE  
 MILK

## Jiffy Pizza

SERVINGS: 180      UTENSILS: 8—18 x 26 inch pan

	Weight	Measure
Cheese, sharp, grated .....	15 lbs.	4½ gals.
Cheese, cheddar, grated .....	5 lbs.	1½ gals.
Onions, finely chopped .....	3 lbs.	3 qts.
Mayonnaise .....	4 lbs., 8 ozs.	2 qts.
Salt .....	2¼ ozs.	3 tbsps.
White pepper .....	¼ oz.	1 tbsp.
Pep Super Seasoning .....	¼ oz.	1 tbsp.
Woostershire Sauce .....		3 tbsps.
Enriched bread slices, toasted .....		180
Spaghetti Sauce .....	6 lbs., 12 ozs.	1—No. 10 can
Parmesan cheese .....	1 lb.	1 qt.
Oregano .....	1 oz.	1 cup

Mix first 8 ingredients together. Place a No. 20 dipper of cheese mixture on each piece of toast; spread mixture evenly. Spread 1 tbsp. of spaghetti sauce evenly over each piece of toast. Sprinkle top with parmesan cheese, oregano and paprika. Place in a hot oven 450°F.; 3 to 5 minutes. Remove. Serve.

PETER VAN DRIEL, Chef  
Camp Morris, Dover, New Jersey

### SEXTON FAVORITES

- BEEF STEW ..... A hearty treat served hot over noodles or a grand idea served as meat pie. (Packed in No. 5 cans.)
- SPAGHETTI SAUCE ..... A tasty sauce you will want to use . . . over spaghetti and meat balls too. (Packed in No. 10 cans.)



## Meat and Noodle Casserole

MEAT AND NOODLE CASSEROLE  
 GREEN BEANS WITH NUTMEG  
 MEXICAN COLE SLAW  
 ENRICHED BREAD BUTTER  
 CHOCOLATE CAKE FLOAT  
 MILK

SERVINGS: 100— $\frac{3}{4}$ cup	UTENSILS: 4—12 x 20 inch pan	
	Weight	Measure
Noodles .....	4 lbs.	2 gals.
Salt .....	$\frac{3}{4}$ oz.	3 tbsps.
Water, boiling .....		2 gals.
Ground beef .....	13 lbs.	2 $\frac{1}{2}$ gals.
Onions, finely chopped .....	1 lb.	1 qt.
Cream of Tomato Soup, condensed .....	9 lbs., 6 ozs.	3—No. 5 cans
Spaghetti Sauce .....	6 lbs., 12 ozs.	1—No. 10 can
Water .....		3 qts.
Cheese, grated .....	2 lbs., 8 ozs.	2 qts.

Cook noodles in boiling salted water. Pan-fry meat and onions. Drain. Combine next 3 ingredients and noodles with meat. Place 10 lbs., 6 ozs. (4 $\frac{3}{4}$  qts.) mixture into each pan. Sprinkle with cheese. Bake in a moderately hot oven 350°F.; 20 minutes. Remove. Serve.

MRS. MARION GRIFFIN, *Hot Lunch Director*  
 Fredrick R. Noble School, Willimantic, Connecticut

### SEXTON FAVORITES

- BEEF HASH ..... Use savory beef hash in stuffing peppers or cabbage or hash with egg topper. (Packed in No. 5 cans.)
- CHILI CON CARNE ..... With or without beans and mild chili flavor . . . you will enjoy this Mexican dish from south of the border. (Packed in No. 5 cans and No. 10 cans.)

MEAT LOAF  
 ESCALLOPED POTATOES  
 MELBA GELATIN BUTTER  
 WHOLE WHEAT BREAD  
 APPLE MACAROON  
 MILK

## Meat Loaf

SERVINGS: 100—3 $\frac{1}{2}$ ounce slice	UTENSILS: 2—12 x 20 inch pan	
	Weight	Measure
Flavor and Protein Builder ..	2 lbs., 13 ozs.	2 qts.
Water .....		3 $\frac{3}{4}$ qts.
Ground beef .....	15 lbs.	2 $\frac{1}{2}$ gals.
Onions, finely chopped .....	1 lb., 8 ozs.	1 $\frac{1}{2}$ qts.

Soften Flavor and Protein Builder in water. Mix in remaining ingredients. Place 15 lbs., 15 ozs. (1 $\frac{1}{2}$  gals.) mixture into each pan. Bake in a moderately hot oven 350°F.; 45 minutes or until done. Slice. Serve with gravy made from pan drippings.

VIVIAN WEBB, *Manager*  
 Hopeville High School, Hopeville, Georgia